



WELCOME TO HEALTHY CORNER!

Submitted By: Anita Jonas, Communications Buyer, Government Employees Health Association (GEHA), Independence, MO

Pesto Sauce

Medium bunch of basil
4 to 6 tablespoons olive oil
2 garlic cloves, skinned and crushed
1 ounce pine nuts or walnuts
1 ounce grated Parmesan cheese



Mix all the ingredients, except the cheese, in a blender or food processor and mix until smooth. Stir in the cheese and add more oil if a thinner consistency is desired. Serve over pasta.

Makes 4 servings.

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